

Personality development and self-awareness for managers

Seminar Objective

In this seminar selected methods for personal growth and development are presented. Participants will have the opportunity to further develop their personal strengths. Important ideas and suggestions are conveyed in order to facilitate further development of one's own personality.

Seminar Content

- How do I come across as a personality?
- What strengths can I build on?
- Which weaknesses would I like to rectify/accept?
- How can I increase my personal expressiveness?
- How can I increase my persuasiveness?
- What personality potential can I develop?
- How can I increase my charisma in groups?
- How can I balance emotion and intellect?
- How can I increase my impact on others?
- How do I motivate others through my personality?
- Important strategies for personality development
- Which people promote, which people hinder the development of my personality?
- Which personal qualities do I have to accept?
- What limits do I set for myself and how do I overcome them?
- "The Big Five."

This seminar is also offered as part of a qualification programme.

Method

Practical exercises, tips for transferring learnings into everyday life, external and self-analysis, video-supported role plays, discussion within the group

Participants

The seminar "Personality development and self-awareness for managers" is aimed at specialists and managers from business enterprises of all sizes and industries as well as from public administration.

Testimonials

„I liked the active working out of the seminar contents, as well as the practice and following contemplation of what I had practiced very much!“
M. Haslbeck, BWI Informationstechnik GmbH

„I can rate this training VERY GOOD.“
K. Küppers, LSB NRW

Course Ref.

PE4006

Participants

not more than 9 participants

Schedule

1. Day: 10:00 - 17:00

2. Day: 09:00 - 16:00

Location and Dates

Webinar

11.03.2021 – 12.03.2021

Muenster

23.11.2020 – 24.11.2020

22.04.2021 – 23.04.2021

26.08.2021 – 27.08.2021

09.12.2021 – 10.12.2021

Hamburg

15.02.2021 – 16.02.2021

11.11.2021 – 12.11.2021

Frankfurt

16.09.2021 – 17.09.2021

Fee

980,00 € (ex. VAT)

1.136,80 € (inc. VAT)

Included in the price: Working documents, certificate of participation, lunch and coffee breaks.

FAX-ANMELDUNG +49 251 20205-99

Dorpatweg 10
48159 Münster
Germany

Telefon: +49 251 20205-0
Telefax: +49 251 20205-99

E-Mail: info@kitzmann.biz
Internet: www.kitzmann.biz

Freecall: 0800 KITZMANN
0800 54896266

Ja, ich/wir buche(n) folgendes Seminar:

Seminartitel

Termin

Seminarort

1. Teilnehmer/in

Funktion

E-Mail

2. Teilnehmer/in

Funktion

E-Mail

Ja, ich/wir buche(n) das Aufbauseminar gleich mit:

Titel

Termin

Ort

1. Teilnehmer/in

Funktion

E-Mail

2. Teilnehmer/in

Funktion

E-Mail

Rechnungsanschrift

Firma

Ansprechpartner

Funktion

Abteilung

Straße/Hausnummer

PLZ/Ort

Telefon/Telefax

E-Mail

Datum/Unterschrift