



# Pit stop leadership

## Leadership and management of oneself

### Seminar objective

What makes you successful? Where can you further strengthen and expand your competencies? This seminar gives you the opportunity to analyze together with other experienced managers where you currently stand as a manager. Not only do you have to implement your projects and manage your technical issues, but you also take on de facto responsibility for your employees. Reflect on your leadership style and get constructive feedback on your behavior and impact. The coaching-based approach of the seminar helps you to position yourself even more successfully as a leader.

### Seminar content

#### Vitality and innovation:

- Reflection on your own actions as a leader
- Defining goals regarding your leadership role
- Developing your own change competence: Organizational development
- Your personal development path

#### Self-Management:

- Determining your position as a leader
- Leading yourself
- Involving the personal environment as coach and mentor
- Conflict management

#### Relationship skills in business:

- Trainer and participant feedback on your impact
- Strengthen motivation of yourself and others
- New impulses for your work as a leader

#### The implementation in practice:

- New impulses for your everyday management
- Specific recommendations for action
- Individual leadership style analysis

### Methodology

Exercise examples Supervision Moderated discussion Short trainer inputs Exchange of experiences and discussion Case studies

### Target audience

The training is aimed at managers who have been leading employees for several years with the goal of reflecting on their own actions and, if necessary, optimizing them.

#### Course ref.

F2020

#### Participants

not more than 9 participants

#### Schedule

1. Day: 10:00 - 17:00  
2. Day: 09:00 - 16:00

#### Location & dates

##### Münster

20.06.2024 – 21.06.2024  
25.11.2024 – 26.11.2024  
12.06.2025 – 13.06.2025  
24.11.2025 – 25.11.2025

#### Fee

1.150,00 € (ex. VAT)  
1.368,50 € (inc. VAT)

Included in the price: Working documents, certificate of participation, lunch and coffee breaks



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Mobilnummer

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Veranstaltung                      Seminarcode

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Firmendaten/Rechnungsempfänger

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Rechnung (Name)

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Straße/Nummer

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Anzahl der Mitarbeiter in Ihrem Unternehmen

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