



Personal development

Self-confidence, how I affect others, transactional analysis, NLP

Seminar objective

Professional and personal further training is important to you - and you would like to use a weekend to intensively deal with the topic of personality development? In our weekend seminars we offer you a very individual learning environment in which you can ask your questions and achieve your personal goals.

The "Weekend Seminar on Personality Development" combines modules from the seminars "How do I come across?", "Self-assured self-presentation", "Emotional intelligence", "Anti-annoyance training", "Potential analysis", "Transactional analysis", "Relationship skills", "Stress management", "Motivation training" and "Knowledge of human nature". You will have the opportunity to express individual, thematic preferences from the range of topics "personality development", so that this training can be adapted to your wishes. The implementation in very small groups guarantees a practical training.

Seminar content

- How do I affect others?
- Self-confident self-presentation and personality management
- Emotional Intelligence
- Anger management training
- Analysing potential
- Transactional analysis
- Relationship competence in business
- Positive thinking and stress management
- Motivation training
- Knowledge of human nature

Methodology

Exchange of experiences and discussion
Trainer input
Exercise examples
Moderated discussion
Participant and trainer feedback
Collegial consultation
Help for transfer to everyday life
External and self-analysis

Target audience

The weekend seminar personal development is aimed at specialists and managers from business enterprises of all sizes and industries as well as from public administration.

Course ref.

WE9001

Participants

not more than 9 participants

Schedule

1. Day: 10:00 - 17:00
2. Day: 09:00 - 16:00

Location & dates

Münster

18.02.2023 – 19.02.2023
24.06.2023 – 25.06.2023
18.11.2023 – 19.11.2023

Fee

990,00 € (ex. VAT)
1.178,10 € (inc. VAT)

Included in the price: Working documents, certificate of participation, lunch and coffee breaks.



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Ich melde mich/Wir melden uns zu folgender Veranstaltung an:

1. Teilnehmer

Name/Vorname

E-Mail

Mobilnummer

Veranstaltung Seminarcode

Ort Termin

Firmendaten/Rechnungsempfänger

Firma

Rechnung (Name)

Straße/Nummer

PLZ/Ort

Telefon/Fax

Branche

Datum

2. Teilnehmer

Name/Vorname

E-Mail

Mobilnummer

Veranstaltung Seminarcode

Ort Termin

Anzahl der Mitarbeiter in Ihrem Unternehmen

Kundennummer

Anmeldebestätigung (E-Mail)

Unterschrift