Occupational health management

Seminar objective

Healthy and motivated employees are an increasingly important success factor for many companies. It is the task of corporate management, and in particular human resources management, to create working conditions that promote health and thus performance, in order to send employees the appropriate signals. Against a background of absenteeism, burn-out, addiction and other illnesses, consistent promotion of health issues for employees is becoming increasingly important. In this seminar you will learn how you can introduce or further develop systematic and target-oriented company health management initiatives for the promotion and care of employee health in your company. You will learn strategies, methods and gain practical tools for creating health-promoting working conditions for yourself and your employees. We present modern AI initiatives that can be used to analyze health data, detect stress early on, and develop preventive measures as part of occupational health management.

Seminar content

- What can occupational health management system (OHS) achieve and with what aim?
- Establishment of an OHS - which areas in the company are involved?
- Leaders as role models
- Internal marketing for the the OHS
- Introducing health programmes: individual or organisational?
- Suggestions for implementation and case studies
- Presentation of concrete measures
- Developing a health strategy for your company
- Legal frameworks and guidelines to be observed
- Measuring success: hard and soft factors

Methodology

Trainer input Exchange of experiences and discussion Tips for transferring into everyday life Case discussions

Target audience

HR managers, health managers and everyone who wants to establish or further develop an operational health management system.

Course ref.

F2010

Participants

not more than 9 participants

Schedule

1. Day: 10:00 - 17:00
2. Day: 09:30 - 16:00

Location & dates

Münster

07.12.2026 – 08.12.2026
12.04.2027 – 13.04.2027
19.08.2027 – 20.08.2027
06.12.2027 – 07.12.2027

Fee

1.200,00 € (ex. VAT)
1.428,00 € (inc. VAT)

Included in the price: Working documents, certificate of participation, lunch and coffee breaks.

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Ich melde mich/Wir melden uns zu folgender Veranstaltung an:

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Firma

Rechnung (Name)

Straße/Nummer

PLZ/Ort

Telefon/Fax

Branche

Datum

Anzahl der Mitarbeiter in Ihrem Unternehmen

Kundennummer

Anmeldebestätigung (E-Mail)

Unterschrift