



Cooperation training

Cooperation within Teams & Teambuilding

Seminar objective

Together you can achieve more: The success of companies depends to a large extent on cooperation within the group. Employees, teams and their managers work together in different constellations. Flexibility and agility are in high demand here. The methods of collaboration: virtual or face-to-face can also vary. In this training, the basic principles of teamwork are presented in a practical, understandable and comprehensive manner.

Seminar content

Basics: Working successfully and efficiently in a team:

- Together into the future with agile teams
- Handing over responsibility
- Strengthening personal responsibility
- Self-responsible and constructive inner attitude in dealing with changes

The interaction within the team

- Psychological and group dynamic aspects of teamwork.
- Moderation techniques in the group
- The right way to deal with conflicts in the team
- The supervisor as coach of the group

Self-organization in agile teams:

- Defining the different team roles
- Designing decision-making processes in teams
- The management of one's own person

Motivation and outcome:

- Moderation techniques in the group
- Organizational requirements for teamwork
- Teamwork and quality thinking
- Transferring what has been learned to practice

Methodology

Interactive and experience-oriented exchange
Short trainer inputs
Moderated discussion
Individual and group exercises
Practical examples

Target audience

The cooperation training seminar is aimed at team leaders, team members and everyone who works in and with teams.

Course ref.

KOM1010

Participants

not more than 9 participants

Schedule

1. Day: 10:00 - 17:00
2. Day: 09:30 - 16:00

Location & dates

Münster

14.07.2025 – 15.07.2025
17.11.2025 – 18.11.2025
26.01.2026 – 27.01.2026
13.07.2026 – 14.07.2026
16.11.2026 – 17.11.2026

Fee

1.200,00 € (ex. VAT)
1.428,00 € (inc. VAT)

Included in the price: Working documents, certificate of participation, lunch and coffee breaks.



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Ich melde mich/Wir melden uns zu folgender Veranstaltung an:

1. Teilnehmer

Name/Vorname

E-Mail

Mobilnummer

Veranstaltung Seminarcode

Ort Termin

Firmendaten/Rechnungsempfänger

Firma

Rechnung (Name)

Straße/Nummer

PLZ/Ort

Telefon/Fax

Branche

Datum

2. Teilnehmer

Name/Vorname

E-Mail

Mobilnummer

Veranstaltung Seminarcode

Ort Termin

Anzahl der Mitarbeiter in Ihrem Unternehmen

Kundennummer

Anmeldebestätigung (E-Mail)

Unterschrift